

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: De Smedt Leny HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:2, starttime: 14:02

Heat: 2/12 Lane : 5 Athlete: HUYLEBROECK JANNE				Q-time: 01:36:38
PB (25m pool): 01:36.38 Zottegem 01/03/2026				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		01:36.38
	no time			
				

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:4, starttime: 14:07

Heat: 4/12 Lane : 2 Athlete: VANDERSTRAETEN HELENA				Q-time: 01:32:37
PB (25m pool): 01:32.37 Zottegem 01/03/2026				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		01:32.37
	no time			
				

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:4, starttime: 14:07

Heat: 4/12 Lane : 5 Athlete: BELMANS MARGAUX				Q-time: 01:30:38
PB (25m pool): 01:30.38 Zottegem 01/03/2026				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		01:30.38
	no time			
				

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/12 Lane : 3 Athlete: HEYLEN ROOS					Q-time: 01:26:42
PB (25m pool): 01:26.42 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.42	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 14:18
Heat: 10/12 Lane : 7 Athlete: VAN DE WINKEL LOLA					Q-time: 01:15:17
PB (25m pool): 01:15.17 Temse 21/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.44		01:15.17	
	00:35.44 00:39.73				
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:1, starttime: 14:24	
Heat: 1/10 Lane : 4 Athlete: BOEL ELIAS							Q-time: 02:35:98	
PB (25m pool): 02:35.98 Sint-Amandsberg 19/10/2025							PB (50m pool): 02:37.63 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.86		01:14.52		01:55.81		02:35.98
	00:34.86		00:39.66		00:41.29		00:40.17	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:28	
Heat: 2/10 Lane : 5 Athlete: SCHEPERS RUBEN							Q-time: 02:31:64	
PB (25m pool): 02:32.91 Dendermonde. 22/11/2025				PB (50m pool): 02:31.64 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.50		01:14.51		no time		02:32.91
	00:35.50		00:39.01					
								

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:37	
Heat: 5/10 Lane : 4 Athlete: VAN DE WINKEL MILAN							Q-time: 02:18:21	
PB (25m pool): 02:18.21 Dendermonde, 22/11/2025				PB (50m pool): 02:36.14 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.43		01:06.65		no time		02:18.21
	00:31.43		00:35.22					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:37	
Heat: 5/10 Lane : 5 Athlete: DE COCK MATZ							Q-time: 02:18:54	
PB (25m pool): 02:23.57 Sinbad 29/12/2024				PB (50m pool): 02:18.54 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.41		01:11.08		no time		02:23.57
	00:33.41		00:37.67					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:45	
Heat: 8/10 Lane : 8 Athlete: VAN DEN BREMT MATHIAS							Q-time: 02:08:40	
PB (25m pool): 02:08.40 TEMSE 23/11/2025				PB (50m pool): 02:11.57 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.74		01:02.89		01:35.94		02:08.40
	00:29.74		00:33.15		00:33.05		00:32.46	
								

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 6 Athlete: VAN DE WINKEL LOLA				Q-time: 01:16:54	
PB (25m pool): 01:16.54 Gent 23/02/2025			PB (50m pool): 01:16.83 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.64		01:16.54	
	00:35.64		00:40.90		
					

Coach feedback:

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Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:4, starttime: 14:59
Heat: 4/5 Lane : 5 Athlete: VAN DEN BREMT SARAH					Q-time: 01:10:96
PB (25m pool): 01:10.96 Gent 23/02/2025					PB (50m pool): 01:10.97 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.71		01:10.96	
	00:32.71		00:38.25		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 15:03
Heat: 1/3 Lane : 7 Athlete: DIERICK ROBBE					Q-time: 02:09:89
PB (25m pool): no time					PB (50m pool): 02:09.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/12 Lane : 3 Athlete: VANDERSTRAETEN HELENA					Q-time: 01:38:23
PB (25m pool): 01:39.53 TEMSE 18/05/2025					PB (50m pool): 01:38.23 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.29		01:39.53	
	00:47.29		00:52.24		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:13
Heat: 2/12 Lane : 2 Athlete: HUYLEBROECK JANNE					Q-time: 01:34:34
PB (25m pool): 01:34.34 BEERNEM 19/09/2026					PB (50m pool): 01:36.62 SB: 01:34.34 BEERNEM 19/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.60		01:34.34	
	00:45.60		00:48.74		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:18
Heat: 4/12 Lane : 5 Athlete: BELMANS MARGAUX					Q-time: 01:26:00
PB (25m pool): 01:26.00 Temse 31/05/2026					PB (50m pool): 01:32.13 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.74		01:26.00	
	00:41.74		00:44.26		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/12 Lane : 2 Athlete: HEYLEN ROOS					Q-time: 01:23:39
PB (25m pool): 01:23.39 Temse 31/05/2026					PB (50m pool): 01:25.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.86		01:23.39	
	00:41.86		00:41.53		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:28
Heat: 8/12 Lane : 6 Athlete: VANDER MIJNSBRUGGE LORE					Q-time: 01:15:14
PB (25m pool): 01:15.14 Temse 17/11/2025					PB (50m pool): 01:16.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.49		01:15.14	
	00:36.49		00:38.65		
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:39	
Heat: 1/4 Lane : 2 Athlete: BOEL ELIAS							Q-time: 03:06:10	
PB (25m pool): 03:06.10 BEERNEM 19/09/2026				PB (50m pool): 03:10.32SB: 03:06.10 BEERNEM 19/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.02		01:29.99		no time		03:06.10
	00:43.02		00:46.97					
								

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:39	
Heat: 1/4 Lane : 5 Athlete: DE COCK MATZ							Q-time: 03:01:25	
PB (25m pool): 02:58.73 Temse 22/12/2024				PB (50m pool): 03:01.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.37		01:25.89		02:12.81		02:58.73
	00:40.37		00:45.52		00:46.92		00:45.92	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:3, starttime: 15:46	
Heat: 3/4 Lane : 6 Athlete: POPPE WARRE							Q-time: 02:44:48	
PB (25m pool): 02:44.48 TEMSE 23/11/2025				PB (50m pool): 02:51.26SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.81		01:18.16		02:00.96		02:44.48
	00:36.81		00:41.35		00:42.80		00:43.52	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 15:49	
Heat: 4/4 Lane : 8 Athlete: VERHULST MEINDERT							Q-time: 02:37:49	
PB (25m pool): 02:37.49 TEMSE 23/11/2025				PB (50m pool): 02:40.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.30		01:15.85		01:57.67		02:37.49
	00:35.30		00:40.55		00:41.82		00:39.82	
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:2, starttime: 16:00	
Heat: 2/2 Lane : 5 Athlete: VAN DEN BREMT SARAH							Q-time: 05:20:62	
PB (25m pool): 05:20.62 T Rosco 12/10/2025				PB (50m pool): 05:24.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.91		01:13.74		01:54.68		02:34.21
	00:33.91		00:39.83		00:40.94		00:39.53	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:20.80		04:08.49		04:45.67		05:20.62
	00:46.59		00:47.69		00:37.18		00:34.95	
								

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 35: 50M FREESTYLE MEN 13+			Heat:1, starttime: 16:07
Heat: 1/11 Lane : 5 Athlete: BOEL ELIAS			Q-time: 00:32:82
PB (25m pool): 00:33.86 TEMSE 30/03/2025			PB (50m pool): 00:32.82 SB: no time
	2 5 M	5 0 M	
PB		00:33.86	
		00:33.86	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:4, starttime: 16:10
Heat: 4/11 Lane : 3 Athlete: LUYPART EDEN			Q-time: 00:29:26
PB (25m pool): 00:30.06 Zottegem 01/03/2026			PB (50m pool): 00:29.26 SB: no time
	2 5 M	5 0 M	
PB		00:30.06	
		00:30.06	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:11
Heat: 5/11 Lane : 4 Athlete: VAN DEN BREMT MATHIAS			Q-time: 00:28:33
PB (25m pool): 00:28.33 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:29.77 SB: no time
	2 5 M	5 0 M	
PB		00:28.33	
		00:28.33	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:11
Heat: 5/11 Lane : 5 Athlete: VAN DE WINKEL MILAN			Q-time: 00:28:39
PB (25m pool): 00:28.92 TEMSE 18/05/2025			PB (50m pool): 00:28.39 SB: no time
	2 5 M	5 0 M	
PB		00:28.92	
		00:28.92	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 35: 50M FREESTYLE MEN 13+			Heat:6, starttime: 16:12
Heat: 6/11 Lane : 6 Athlete: POPPE WARRE			Q-time: 00:28:13
PB (25m pool): 00:28.13 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:28.34 SB: no time
	2 5 M	5 0 M	
PB		00:28.13	
		00:28.13	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:7, starttime: 16:13
Heat: 7/11 Lane : 5 Athlete: VERHULST MEINDERT			Q-time: 00:27:25
PB (25m pool): 00:27.25 T Rosco 12/10/2025			PB (50m pool): 00:27.53 SB: no time
	2 5 M	5 0 M	
PB		00:27.25	
		00:27.25	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:10, starttime: 16:16
Heat: 10/11 Lane : 2 Athlete: VERHULST LENNERT			Q-time: 00:25:69
PB (25m pool): 00:25.69 T Rosco 12/10/2025			PB (50m pool): 00:26.05 SB: no time
	2 5 M	5 0 M	
PB		00:25.69	
		00:25.69	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:19
Heat: 2/5 Lane : 4 Athlete: DEBAETS ELIEN			Q-time: 00:41:35
PB (25m pool): 00:41.35 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:41.46 SB: no time
	2 5 M	5 0 M	
PB		00:41.35	
		00:41.35	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 36: 50M BREASTSTROKE WOMEN 13+							Heat:4, starttime: 16:22	
Heat: 4/5 Lane : 1 Athlete: VAN DE WINKEL LOLA							Q-time: 00:37:88	
PB (25m pool): 00:37.88 T Rosco 12/10/2025							PB (50m pool): 00:38.54 SB: no time	
	2 5 M		5 0 M					
PB			00:37.88					
			00:37.88					
								

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:37	
Heat: 2/2 Lane : 3 Athlete: TEAM AZL 5							Q-time: 01:57:86	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:37	
Heat: 2/2 Lane : 8 Athlete: TEAM AZL 6							Q-time: 02:11:75	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 16:40	
Heat: 1/2 Lane : 4 Athlete: TEAM AZL 8							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: AZL

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 16:43	
Heat: 2/2 Lane : 1 Athlete: TEAM AZL 7							Q-time: 02:17:25	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: